

TDH/BIDE

Dance and music residency program

March 16-20, 2020



This packet provides essential information for 2020 TDH/Barcelona participants. Please read in its entirety.

Welcome to Toscana Dance HUB/BIDE!
We are looking forward to our spring together-



About TDH International <http://toscanadancehub.com>

TDH International is a multi-layered platform serving as a training, performing, and producing entity led by a group of international art makers (dancers, choreographers, musicians, composers). TDH has been facilitating the artistic exchange between Europe, the U.S., South America and the Middle East by curating dance residencies, performances, and conferences with international choreographers.

TDH is about dance and music education focused on international exchange in a spirit of experimentation and innovation. It is about investigating our limits and sharing our talents. We are a company that believes in inclusion, the importance of human capital, the right to belong and find fulfilment. We promote and organize cultural initiatives that spread positive messages through dance and music, and that nurture our respectful relationships with the environment and to each other, celebrating the differences in our voices and finding a common human denominator.

About TDH/BIDE

TDH is proud to collaborate with Barcelona International Dance Exchange (BIDE) and Music HUB on a new dance and music residency program at La Caldera Studios. The program is open to dancers interested in exploring new approaches to creative practice and performance by challenging their respective voices with curiosity and delving into the many intersections with live music.

BIDE <http://bidebarcelona.com/en/>



BIDE is an organization based in Barcelona, that provides services for creative exchange and networking between performing arts professionals worldwide, through a unique tool called B>Lab. BIDE promotes the constructive dialogue between different models, ideologies, and realities through horizontal dynamics of participation. The aim of BIDE is to facilitate the chance for dance artists and cultural managers of different ages, cultural background, and experience for an experiment, share ideas, create and collaborate in a non-hierarchical way. BIDE encourages inclusion, mobility and creative exchange between artists of different age, gender, culture and background. Above all, BIDE is set in action, defined and made meaningful by its participants.

MUSIC HUB <https://www.toscanadancehub.com/music>

The musicians playing for classes and composing music for our creative research at TDH/BIDE are all graduates of Music HUB. Music HUB is TDH's dance accompaniment training program that teaches classically trained musicians to collaborate with dancers and that wants to elevate the art of dance accompaniment. The TDH/BIDE program will serve as professional development for our recent graduates.



LA CALDERA STUDIOS <http://www.lacaldera.info>

TDH/BIDE will take place at the beautiful studios at La Caldera, Carrer d'Eugeni d'Ors, 12, 08028 Barcelona. La Caldera is a center for creation devoted since 1995 to artistic practices based on body and movement. It's mainly focused on hosting and accompanying artists' creative processes and proposing innovative contexts for sharing them. A center that encourages research, thought and its transmission; which works on stimulating emergent creation, the renewal of languages and connecting with new audience.

RESIDENCY'S DAILY SCHEDULE

10:00am-12:00pm somatic practices and technique classes

1:00-4:00pm creative process

The residency will culminate in an informal showing and an Open Jam with live music on Friday, March 20th @ 6:30pm

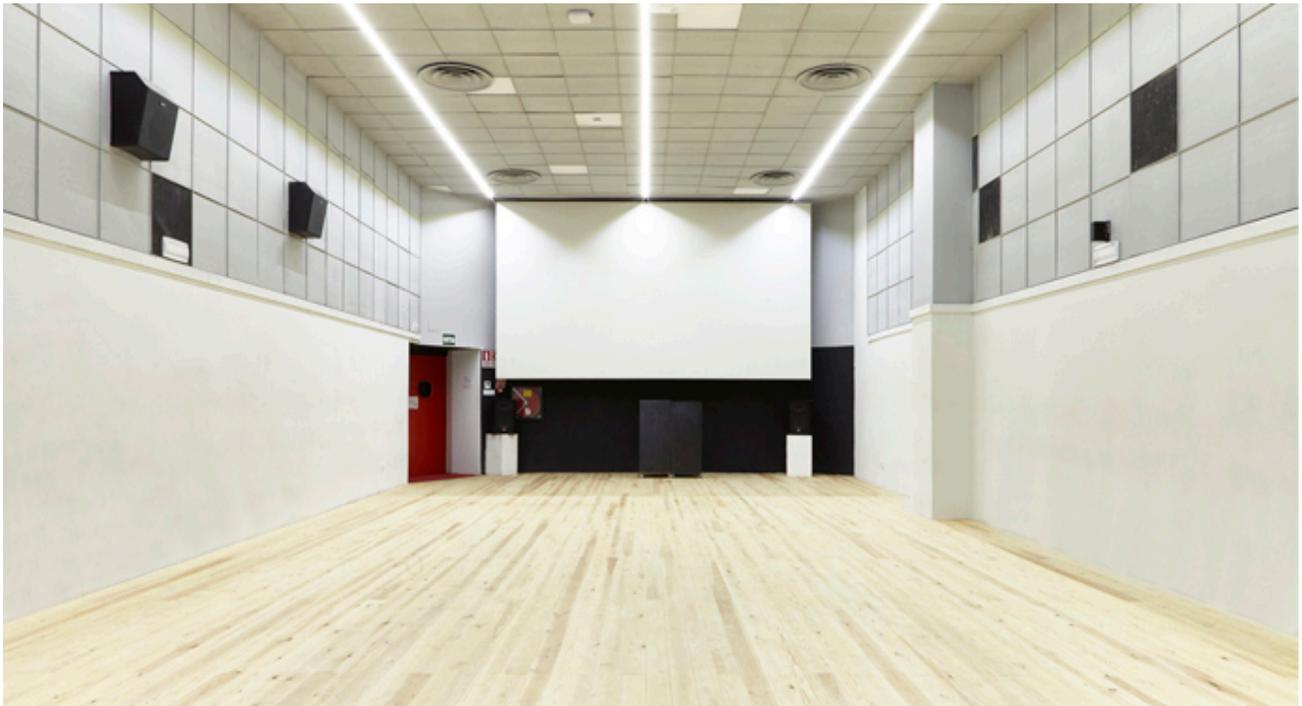
Schedule of technique classes:

Monday, March 16-Somatic Work and Ballet with Giada Matteini @ 1:00-3:00pm at Studio Isadora, Carrer de la Ciutat de Balaguer, 60 Barcelona

Tuesday, March 17 and Thursday, March 19 -Kova technique with Lorena Nogal

Wednesday, March 18 and Friday, March 20-Floor work with Jeremy Alberge

Creative Process with Sebastian Garcia Ferro will take place on Monday @ 4:00-7:00pm and every other day @ 1:00-4:00pm



ARTISTS IN RESIDENCE

GIADA MATTEINI (Italy & USA)/Artistic Director **TDH/Ballet for Contemporary dancers**

Giada Matteini, born and raised in Florence-Italy, has worked as a performer, educator, choreographer, curator and producer in New York City since 1998. With Italian parents and an American son, she has dedicated the past 10 years of her life to bridge the geographical distances of the 2 continents she inhabits. Giada is today the Artistic Director of Toscana Dance HUB International, TDH/BIDE, TDH Festival for Emerging Choreographers, The Larger WE performance series, the Agropoli Danza Festival, and the Second Avenue Dance Company. She is a dance professor at NYU Tisch School of the Arts in NYC and has traveled as a guest artist to Germany, Sweden, Austria, China, The Philippines, Mexico and across the U.S. and Italy. Giada today performs with JENNIFERCHINdance, Molissa Fenley and Company and teaches company class for the Limón Dance Company.

TONI COSTA JOVER (Spain)/Director **MUSIC** **HUB/Music accompaniment and performance**

Toni Costa is a musician and educator devoted to dance based in Barcelona. He was trained in classical piano in the N. A. Rimski-Korsakov Saint Petersburg State Conservatory, where he had his first contact with ballet. Upon returning to Spain, he graduated from ESMuC (High Music School of Catalonia) after extending his improvisational skills in classical, flamenco, early music and modern styles. With a wide background in piano performance, he started to develop his career working in dance schools and companies focusing on dance accompaniment. He has worked as a dance class pianist both in USA and UK, getting involved in San Francisco Ballet, Alonzo King Lines Ballet, Post:Ballet, Elmhurst Ballet School and Birmingham Royal Ballet. He regularly collaborates with ballet masters and mistresses such as David Makhateli, Larisa Lezhnina, Rodolfo Castellanos, Isabelle Ciaravola, Julie Kent, Samira Saidi, Piotr Nardelli and Robert Parker, to name a few. Toni also plays for contemporary dancers' workshops with Robert Dekkers, Cheryl Therrien, Rita Quaglia, Christophe Jeannotte, Natalia Viñes, Catherine Bisson amongst others. He is passionate for the modern and contemporary dance techniques created by pioneers such as Graham, Cunningham, Limón and many others.

SEBASTIAN GARCIA FERRO (Spain & Argentina) **/Artistic Director BIDE/Creative process**

Choreographer, dancer, performer and composer based in Barcelona since 2005. He has directed his own company since 2000 and staged nineteen pieces like "Solamente Solo" (2000), "Huellas" (2003), "Back" (2007), "Travellers" (2009), "Colapsar" (2011), "Impasse #2" (2013). He has formed at Argentina, USA and Europe, winning awards that include first prize for the best choreography at the 2007 Maspalomas Competition. Over the last few years he has received several commissions for large pieces. These include for name a few; Versus 0.2 for the Compañía Nacional de Danza Contemporánea de Argentina, Orquestrat for the Barcelona Symphony Orchestra, Ballet de la Ópera de Rieka with "Air From There", the TOTDANSA Project in 2011 and 2012 and TOTDANSEN 2013 with 650 teenage dancers on stage. In 2016 he premier his large piece +45 co-produce by the Mercat de les Flors, Festival Grec y Festival Sismograf among others touring in Europe and America. He is preparing his new big project "UPPER" for Premier and touring for 2020/21. He is Associated choreographer of La Caldera/les Corts Choreography Center, Artistic Collaborator at Auditori and Residence Composer of the Fundació Phonos/Pompeu Fabra University. He found BIDE in 2007.

LORENA NOGAL (Spain)/KOVA technique

Born in Barcelona in 1984. Lorena Nogal trained as a dancer at the Institut del Teatre in Barcelona, where she graduated in 2005, and at the company IT Dansa, where she worked repertoire of internationally renowned choreographers: Ohad Naharin, Jirí Kilyán, Stijn Celis or Nacho Duato. Since 2008 she has been part of the artistic team of La Veronal, a company with whom she works as choreographic assistant and dancer. Together with Marcos Morau she has also collaborated with: Compañía Nacional de Danza, Scapino Ballet, Carte Blanche, Norrdans, Skånes Dansteater, GöteborgsOperans Danskompani and Beijing Dance Theater. As a freelance dancer, she has also worked with Gelabert-Azzopardi, Lanònima Imperial and Plan B Danza. In 2016 she was distinguished as the best dancer at the critics' prizes of Catalonia. In 2018, with several dancers launched the project called HOTEL col·lectiu escènic. This is a Catalan dance company that is born with the wish to build crossroads which will allows us to inhabit other creators' worlds and imaginaries. The group invites artists from different performing disciplines to create and direct them.

JEREMY ALBERGE (France)/Floor work

Jeremy was born in 1992 in Paris. In 2009, he won the French championship of Electro Dance, a competition for street dancers. After this, driven by a desire to broaden his horizons, he began training in different movement methods. In 2010, he joined Blanca Li Dance Company for two seasons. In 2012, he created, in collaboration with Arnaud Bacharach, a trilogy of short duets performed in several festivals and theaters in Paris. From 2013 until 2015, Jeremy joined the Junior Ballet Geneva where he got the opportunity to perform several pieces from choreographers such as Hofesh Schechter, Osnat Kelner, Wayne McGregor, Barak Marshall, Roy Assaf, Cindy Van Acker and Stijn Celis. From 2015 until 2017, he danced with Imbal Pinto & Avshalom Pollack Dance Company. In 2017 he joined Vertigo Dance Company and, in 2019, Roy Assaf Dance.

Jeremy has been teaching throughout his career in China, the United States, Canada, France, the United Kingdom, Russia, Italy and Israel. He was recently certified as a practitioner of the Ilan Lev Method.





Emergency Information



For health-related emergencies, dial **061**

For non-health-related emergencies (police only), dial **112**

Hospitals, Emergency Rooms, and Urgent Care:

Hospital Clínic de Barcelona Maternitat

Address: Carrer de Sabino Arana, 1, 08028 Barcelona

Phone: +34 932 27 56 00

Website: www.clinicbarcelona.org

Hospital de Barcelona

Address: Avinguda Diagonal, 660. 08034 Barcelona

Phone: +34 93 254 24 00

Website: www.scias.com/ca



COMING SUMMER 2020 IN
AGROPOLI CURATED BY TDH
AND PRESENTING WORKS BY
WOMEN CHOREOGRAPHERS
AND MUSICIANS.
THE FESTIVAL WILL SUPPORT
THE FIGHT AGAINST
VIOLENCE ON WOMEN.
To get involved email
info@toscanadancehub.com

Additional Information

CONTACTS

If you have any questions or any problem do not hesitate to contact TDH/BIDE team, our phone numbers are
Giada +1 347 216 0890
Sebastian +34 620635407

BUILDING

La Caldera de Les Corts Eurgeni d'Ors, 12
08028 Barcelona
<https://goo.gl/maps/EugtTDtYKPDG7RFq5>
We share the building with various entities and we ask you to respect the people who are in it, their work and the building.
Operation time is from 9 am to 9 pm. There is a kitchen available.

RESTAURANTS

- "Kichen Pio Pio" Dishes between € 5.50 to € 7 or € 10 menu. To take or eat there.
Carrer de Les Corts, 18
- "La Maduixa", Dolors Masferrer, 18.
Economic menu
- "Lizarran", "pinchos" of Basque cuisine.
Can Bruixa Street, 6
- "Ciutat Istanbul", Turkish cuisine. Can Bruixa Street, 4
- "Deleit Sushi". Joan Güell Street, 189
- "Taberna Los Olivares", quality Spanish cuisine. € 12 aprox.

OTHERS SERVICES

- Metro L3 (green line) Travessera de les Corts, 227
- Market Food. Travessera de les Corts, 215.
- The Bugadera. Laundry. Doctor Nubiola i

Espinós, Street, behind the market -
Pharmacy Les Corts. Travessera de les Corts, 194
- El Corte Inglés. Department store. Europa Street

- The best way to get Euro while in Spain is through ATMs. Both Exchange and Traveller's Checks are expensive and impractical for everyday purchases.
- Download Viber or Whatsapp for free international texts and calls. This is the easiest way to stay in touch with family in US and is free. You can look into international phone plans (prices vary per phone carrier), buy a phone with refillable cards while in Spain (a reasonably cheap option), or purchase a new Sim card registered to a Spanish phone number while you are there.
- At restaurants, tip is included in your bill.
- Rest and hydration are vital for physical exertion. This is a serious training program and requires mental and physical fortitude.
- Toscana Dance HUB is a drug-free program. We foster a holistic health approach to our craft and the lifestyle to support it.
- Everyone MUST be present to all training activities of TDH/BIDE.

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Please email info@toscanadancehub.com with any additional questions or concerns!